

CPR/First Aid Curriculum Alignment

Subject/Topic: CPR/First Aid

Standards	Unit/Topic	Essential Knowledge: What do students absolutely need for the next level?	Resources Used	Assessment
	Before Giving Care	<p>SSBAT identify the different types of Personal Protective Equipment and demonstrate how to use them properly.</p> <p>-Who Can we help?(Obtaining Consent)</p> <p>-Good Samaritan Law</p> <p>-How do we know an emergency has occurred</p> <p>-Forming an initial impression</p> <p>-When to call 911</p>	<p>Demonstration and discussion</p> <p>Discussion</p> <p>Video-You Can Make a Difference</p> <p>Discussion</p> <p>Size Up the Scene and Initial Impression Activity ws.</p>	<p>Before Care Exam</p> <p>Assess Expressions from Verbal responses</p>
	Accessing a Conscious Victim	<p>SAMPLE</p> <p>Head to Toe Check</p>	<p>Video-Checking a Responsive Person</p> <p>SAMPLE worksheet</p>	<p>SAMPLE observation</p> <p>Before Care exam</p>
	Accessing an Unresponsive Victim	<p>Check-Call-Care</p>	<p>Video-Check-Call</p> <p>-Care and discussion</p>	<p>Visual observation of skills</p> <p>CPR exam</p>
	Signs and Symptoms of a Heart Attack	<p>SSBAT list signs and symptoms of a heart attack</p>	<p>Video-Signs and symptoms of a heart attack.</p>	<p>CPR exam</p>

	and what to do for a suspected heart attack.	<p>SSBAT list the steps in the cardiac chain of survival for both adult and pediatric.</p> <p>SSBAT explain and demonstrate what steps should be taken if you think someone is having a heart attack.</p> <p>SSBAT list reasons when it is okay to stop CPR</p>	<p>Discussion-signs and symptoms of a heart attack and what to do if you feel someone is experiencing one.</p> <p>Video-Cardiac Chain of Survival (adult/child/infant)</p> <p>Video-Giving CPR</p> <p>Video-Practice while you watch(CPR)</p>	<p>Response to verbal questions</p> <p>Visual observation of skills</p> <p>CPR exam</p> <p>Assess verbal responses</p>
	Conscious Choking Victim	<p>SSBAT recognize the signs and symptoms of a conscious choking victim.</p> <p>SSBAT explain and demonstrate the steps that should be taken if someone is choking</p>	<p>Video-Recognizing Choking(Adult/Child)</p> <p>Video-Recognizing Choking(Infant)</p>	<p>CPR Exam</p> <p>Visual Observation of skills</p>
	Unconscious Choking Victim	<p>SSBAT recognize the signs and symptoms of an unconscious choking victim.</p> <p>SSBAT explain and demonstrate the steps that should be taken to assist an unconscious choking victim.</p>	<p>Video-If the chest does not rise with Breaths (Adult/child/infant)</p>	<p>CPR exam</p> <p>Visual Observation of skills</p>
	AED	<p>SSBAT explain how defibrillation works.</p>	<p>Video-AED Basics</p> <p>Video-Using an AED</p>	<p>AED Exam</p>

		<p>SSBAT explain and demonstrate how to use an AED in various special situations.</p> <p>SSBAT identify precautions to take when using an AED.</p>	<p>(Adult/child/infant)</p> <p>AED-Fact and fiction ws</p> <p>Discussion</p>	<p>Visual Observation of skills</p> <p>Assess responses to verbal answers to the AED- fact and fiction ws</p>
	First Aid/ Sudden Illness	<p>SSBAT identify the signs and symptoms of the following sudden illnesses:</p> <ul style="list-style-type: none"> -Shock -Breathing emergencies -Asthma -Anaphylaxis -Diabetic emergency -Seizure -Fainting -Stroke <p>SSBAT explain and demonstrate how to care for emergency illness.</p>	<p>Video-Asthma(Adult/child/infant)</p> <p>Video-Anaphylaxis(Adult/child/infant)</p> <p>Discussion of Diabetic emergency, Seizure, fainting, stroke.</p> <p>Video-FAST Check for Stroke</p> <p>Lesson Wrap-Up Sudden Illness Quiz Bowl Activity</p>	<p>First Aid Exam</p> <p>FAST Check Activity Observation</p> <p>Assess answers to Sudden Illness quiz bowl</p> <p>Observation of skills: epinephrine pen</p>
	First Aid/ Physical Injuries	<p>SSBAT recognize, explain, and demonstrate how to care for injuries including:</p> <ul style="list-style-type: none"> -Open wounds -Burns -Muscle, bone, and joint deformities -Head, neck and spine injuries 	<p>Discussion-Bleeding</p> <ul style="list-style-type: none"> -bloody nose -internal bleeding -deep wounds <p>Text-different types of wounds</p> <p>Video-Using Direct Pressure</p>	<p>First Aid Exam</p> <ul style="list-style-type: none"> -Observe/assess direct pressure and bandage bleeding skill activity <p>Quiz-identifying different types of wounds.</p>

			<p>Video-Using a Commercial Tourniquet</p> <p>Discuss-Manmade tourniquets</p> <p>Discuss-Burns (types)</p> <p>Video-Burns (Adult/child/infant)</p> <p>Burn Fact and Fiction Activity ws</p> <p>Discuss-muscle, bone and joint injuries</p> <p>Discuss-Head, neck and spinal injuries</p> <p>Video-Concussions (Adult/child/infant)</p>	<p>Assess answers to burn questions</p> <p>Observe RICE activity</p>
	<p>First Aid/ Environmental Injuries</p>	<p>SSBAT recognize, explain, and demonstrate how to care for environmental injuries including:</p> <ul style="list-style-type: none"> -Heat-related illness -Frost bite -Poisoning Snake bites Sea Urchin stings Bee stings 	<p>Video-Heat Related Illness</p> <p>Heat related illness fact and fiction ws</p> <p>Discussion-Cold related Emergencies</p> <p>Frostbite fact and fiction ws</p> <p>Discussion-Poisoning</p> <p>Text-Environmental injuries-outline</p> <p>Environmental Emergency Jeopardy Activity</p>	<p>First Aid Exam</p> <p>Assess symptom and treatment questions related to heat cramps, heat exhaustion, and heat stroke.</p> <p>Assess symptom and treatment questions related to hypothermia and frostbite.</p> <p>Assess answers to Environmental Jeopardy questions.</p>

