

Standard(s)	Unit/Topic	Essential Skills: What do students absolutely need for the next level?	Resources Used	Assessment
NY.S1.1.8 NY.S1.3.L1 NY.S1.3.L2 NY.S2.1.8 NY.S2.1.L1 NY.S2.1.L2 NY.S2.2.8 NY.S2.2.L1 NY.S2.2.L2	Football	MS - Students will identify positions and an understanding of basic rules and regulations. HS - Students will understand play development and a strategic view of the sport.	The Advantage Press - Football Learning Packet #13	End of Unit Written Assessment Skills Assessment
NY.S1.1.8 NY.S1.3.L1 NY.S1.3.L2 NY.S2.1.8 NY.S2.1.L1 NY.S2.1.L2 NY.S2.2.8 NY.S2.2.L1 NY.S2.2.L2	Field Hockey	MS - Students will identify positions and an understanding of basic rules and regulations. HS - Students will understand play development and a strategic view of the sport.	The Advantage Press - Field Hockey Learning Packet #10 USA Field Hockey - FUNdamentals of Field Hockey	End of Unit Written Assessment Skills Assessment
NY.S3.1.8 NY.S3.1.L1 NY.S3.1.L2 NY.S5.1.8	Fitness Testing	Students will identify their performance and compare it to the National Healthy Fitness Zone Standards based on their age and gender.	Fitness Gram by the Cooper Institute - fitnessgram.net	The testing is the assessment. Goals reflection.

Subject: **Physical Education**

Grade: **Middle/High School**

Month : **October**

Standard(s)	Unit/Topic	Essential Skills: What do students absolutely need for the next level?	Resources Used	Assessment
NY.S1.1.8 NY.S1.3.L1 NY.S1.3.L2 NY.S2.1.8 NY.S2.1.L1 NY.S2.1.L2 NY.S2.2.8 NY.S2.2.L1 NY.S2.2.L2	Lacrosse	MS - Students will develop the coordination skills to be able to run/catch/throw a lacrosse ball working toward game play. HS - Students will develop a solid grasp on the skills involved in the sport for effective and strategic game play.	USA Lacrosse Website	End of Unit Written Assessment Skills Assessment
NY.S1.1.8 NY.S1.3.L1 NY.S1.3.L2 NY.S2.1.8 NY.S2.1.L1 NY.S2.1.L2 NY.S2.2.8 NY.S2.2.L1 NY.S2.2.L2	Soccer	MS - Students will develop the coordination skills to be able to run/dribble a soccer ball working toward game play following basic rules. HS - Students will develop a mature form of control and strategy for official game play.	The Advantage Press - Soccer Learning Packet #6	End of Unit Written Assessment Skills Assessment
NY.S3.1.8 NY.S3.1.L1 NY.S3.1.L2 NY.S5.1.8	Fitness Testing	Students will identify their performance and compare it to the National Healthy Fitness Zone Standards based on their age and gender.		The testing is the assessment. Goals reflection.

Subject: **Physical Education**

Grade: **Middle/High School**

Month : **November**

Standard(s)	Unit/Topic	Essential Skills: What do students absolutely need for the next level?	Resources Used	Assessment
NY.S1.1.8 NY.S1.4.8 NY.S1.4.L1 NY.S1.4.L2 NY.S2.2.8 NY.S2.2.L1 NY.S2.2.L2	Volleyball	MS - Students will execute a legal underhand serve and demonstrate mature form and control during a volley. HS - Students will use and apply strategies and tactics effectively during game play.	Volleyball Study Guide	End of Unit Written Assessment Skills Assessment
NY.S1.1.8 NY.S2.1.8 NY.S2.1.L1 NY.S2.1.L2 NY.S2.2.8 NY.S2.2.L1 NY.S2.2.L2 NY.S5.2.8 NY.S5.2.L1 NY.S5.2.L2	Speedball	MS - Students will throw with a mature pattern for distance or power during game play and will pass/receive in combination with running, change of direction, and speed with competency. They will create open space by staying spread apart on offense, reduce space on defense, and transition from offense to defense and vice versa. HS - Students will use and apply strategies and tactics effectively during game play.	Speedball Study Guide	End of Unit Written Assessment Skills Assessment

Subject: **Physical Education**

Grade: **Middle/High School**

Month : **December**

Standard(s)	Unit/Topic	Essential Skills: What do students absolutely need for the next level?	Resources Used	Assessment
NY.S1.1.8 NY.S1.4.8 NY.S1.4.L1 NY.S1.4.L2 NY.S2.2.8 NY.S2.2.L1 NY.S2.2.L2	Basketball	<p>MS - Students will dribble with dominant and nondominant hands using a change of speed and direction in small-sided game play. They will create open space by staying spread apart on offense, reduce space on defense, and transition from offense to defense and vice versa. They will vary the force and trajectory of the shot based on positioning in relation to the target.</p> <p>HS - Students will use and apply strategies and tactics effectively during game play.</p>		End of Unit Written Assessment Skills Assessment
NY.S1.1.8 NY.S1.3.L1 NY.S1.3.L2 NY.S2.1.8 NY.S2.1.L1 NY.S2.1.L2 NY.S2.2.8 NY.S2.2.L1 NY.S2.2.L2	Broomball	<p>MS - Students will pass and receive with a piece of equipment in combination with running, change of direction, and speed with competency, dribbles with a piece of equipment with control, changing speed and direction during game play, and shoots on goal with a piece of equipment with power and accuracy. They will create open space by staying</p>		End of Unit Written Assessment Skills Assessment

		<p>spread apart on offense, reduce space on defense, and transition from offense to defense and vice versa.</p> <p>HS - Students will use and apply strategies and tactics effectively during game play.</p>		
--	--	--	--	--

Subject: **Physical Education**

Grade: **Middle/High School**

Month : **January**

Standard(s)	Unit/Topic	Essential Skills: What do students absolutely need for the next level?	Resources Used	Assessment
NY.S1.1.8 NY.S2.2.8 NY.S2.2.L1 NY.S2.2.L2 NY.S4.1.8 NY.S4.1.L1 NY.S4.1.L2	Badminton			
NY.S1.1.8 NY.S2.2.8 NY.S2.2.L1 NY.S2.2.L2 NY.S4.1.8 NY.S4.1.L1 NY.S4.1.L2	Table Tennis (Ping Pong)			
NY.S1.1.8 NY.S2.2.8 NY.S2.2.L1 NY.S2.2.L2 NY.S4.1.8 NY.S4.1.L1 NY.S4.1.L2 NY.S6.1.8 NY.S6.1.L1 NY.S6.1.L2	Bowling			

Subject: **Physical Education**

Grade: **Middle/High School**

Month : **February**

Standard(s)	Unit/Topic	Essential Skills: What do students absolutely need for the next level?	Resources Used	Assessment
	Snow Shoeing			
	Cornhole			

	Archery			
--	---------	--	--	--

Subject: **Physical Education**

Grade: **Middle/High School**

Month : **March**

Standard(s)	Unit/Topic	Essential Skills: What do students absolutely need for the next level?	Resources Used	Assessment
	Pickleball			

	Cricket			
	Weight Room/Fitness			

Subject: **Physical Education**

Grade: **Middle/High School**

Month : **April**

Standard(s)	Unit/Topic	Essential Skills: What do students absolutely need for the next level?	Resources Used	Assessment
--------------------	-------------------	---	-----------------------	-------------------

	Standard based games			
	Track & Field			
	Bocce			

Subject: **Physical Education**

Grade: **Middle/High School**

Month : **May**

Standard(s)	Unit/Topic	Essential Skills:	Resources Used	Assessment
--------------------	-------------------	--------------------------	-----------------------	-------------------

		What do students absolutely need for the next level?		
	Kan Jam			
	Ultimate Frisbee			
	Golf			

Subject: **Physical Education**

Grade: **Middle/High School**

Month : **June**

Standard(s)	Unit/Topic	Essential Skills: What do students absolutely need for the next level?	Resources Used	Assessment
	Softball/Wiffle Ball			