



SPECIAL EDUCATION QUARTERLY NEWS

By Tracie Ostrander, OTR/L

Winter 2023

Lauri McCoy,
Director of Special
Education

MESSAGE FROM THE DIRECTOR:

Hi, Deposit Families!

Annual CSE meetings have started, here are some reminders:

1. If you receive a call from your child's special education teacher, it is to review the IEP draft, please return the call quickly so we can get your input.
2. If paperwork comes home for you to fill out, please fill it out and return it as quickly as you can to give your child's special education teacher important information from you.
3. If you have comments, questions, or concerns, reach out to your child's special education teacher before the meeting.
4. We always have such a high attendance rate for our CSE meetings! We look forward to seeing you and hearing from you about your child's needs!

Stay Warm!

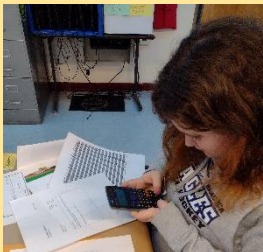
~ Lauri

TRANSITION IN THE IEP: TRANSITION TUESDAYS

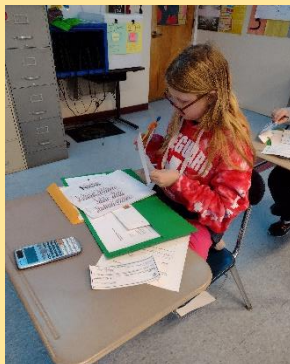
By A. Megivern

Photos provided by T. Gottshall

As students become middle schoolers, transition in the IEP becomes an important component. Many of the Resource Room classes for the MS and HS level are building transition activities into "Transition Tuesdays" which focus on career research, money management, and life skills. This is occurring from grade 6 & up. Students are completing introductory lessons focused on determining their skills and preferences and matching those with possible careers. After, they are researching training and certification requirements for their chosen jobs and determining their best matches. Students in the MS are learning introductory money management skills and how lifestyle choices affect their budgets. Students in the HS are also focusing on money management skills, building soft-skills, and researching their careers more deeply while exploring BOCES options, trade schools, two-year, and four-year college options to ready them for their future career.



Sabrina gets a dose of reality as she realizes she cannot pay all her bills in one week



Lilly learns that the best way is to be organized!



Parker checking out the ads to budget his groceries for the week.

LIFE SKILLS FOR AGES 6-9

Choose 3-4 items from the list below to teach your child this month:

- Put away groceries
- Vacuum
- Put away their laundry
- Help prepare dinner
- Load and unload the dishwasher or wash dishes and put them away
- Take the family dog for a walk
- Make themselves breakfast
- Wipe down the counters and sinks

Connect with Special Needs Parents Support Group on Facebook. It is a group for everyone touched by someone with special needs to find support and resources.



The entire second grade is learning cursive in O.T.! They are off to a great start and are really enjoying it!



CHECK OUT:

Kidz Kingdom on Upper Front Street in Binghamton is a large indoor playground suitable for children ages 1-12. Check out their Facebook page or website!

<https://kidzkingdomllc.wixsite.com/kidz>

Currently in the United States about 1 in 6 children aged 3-17 years have one or more developmental or behavioral disabilities. In addition, many children have delays in language or other areas that can affect how well they do in school. However, many of these children are not identified until they are in school, by which time significant delays might have occurred and opportunities for treatment might have been missed. Research shows that early identification and early treatment services can greatly improve a child's development. (cdc.gov)

This is a great website for parents and Early Childhood Educators. It contains milestone charts and other useful tools to track child development (there is even an App!). <https://www.cdc.gov/ncbddd/actearly/index.html>



DEPOSIT ELEMENTARY SCHOOL

Toddlers' Night Out

Thursday February 23, 5-6:30 pm
Deposit Elementary Gym

Join Deposit Central Schools for an evening of fun
just for toddlers!



Fine motor skills

Goody Bags!



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FACE
PAINTING



FUN!

OBSTACLE COURSE



SAFETY TIPS

Intended for Children ages 2-4

TOOLS TO GROW *at home*

WHAT TO KNOW & HOW TO DEVELOP GROSS MOTOR SKILLS

>>> PRESCHOOL – SCHOOL AGE CHILDREN

GROSS MOTOR PLANNING

WHAT PARENTS NEED TO KNOW:

- Motor planning refers to the ability to conceive (think of) and perform unfamiliar and complex body movements in a coordinated manner. Children should be able to see the possibilities in their environment for movement.
- Motor planning also includes the ability to organize and sequence (put in order) the actions correctly.
- One aspect of motor planning involves a child's ability to imitate (copy what you do).

TRY THIS!

- “Encourage your child to use their words to explain their ideas about how they want to start (initiate) the movement activity and then gently guide them as needed
- Play Simon Says
- Roll like a caterpillar
- Jump like a frog
- Spin like a top
- Fly like a butterfly
- Use a log to “walk the plank”
- Build a fort outdoors
- Play hop-scotch
- Jumping Jacks
- Yoga
- Make an obstacle course in the backyard (jump over a log, walk backwards on a rope, step into/out of a box, etc.)
- Some commercially available games that help with gross motor planning are: Twister, Red Rover, Wiggle & Giggle, I Can Do That (Cat in the Hat), and Hullabaloo

Presented by



New York State Education Department
Office of Special Education
Educational Partnership

Family Engagement within the FBA-BIP Process

Join us to learn what a Functional Behavioral Assessment (FBA) and Behavior Intervention Plan (BIP) are, when they are needed, how they are conducted and the families role in the process.

MONDAY, FEBRUARY 27

12:00pm- 1:30pm

Online via Zoom

REGISTER AT:

<https://www.eventbrite.com/e/family-engagement-within-the-fba-bip-process-tickets-514915755887>

Questions? Contact the FACE Centers

ecface@stic-cil.org
saface@stic-cil.org



**Working
together creates
positive
outcomes**



Distance Learning Opportunities for Professionals and Parents

The Center for Autism and Related Disabilities offers online distance education training for professionals and parents on the topics below related to autism spectrum disorders (ASD).

- ◆ *Autism Spectrum Disorder: A Brief Overview - Paraprofessional Series Session 1*
- ◆ *Thinking Differently: Keys to Understanding Students with ASD - Paraprofessional Series Session 2*
- ◆ *Helping Students with ASD Overcome Challenging Behavior - Paraprofessional Series Session 3*
- ◆ *Creating Visual and Environmental Classroom Supports for Students with ASD - Paraprofessional Series Session 4*
- ◆ *Role of the Paraprofessional - Paraprofessional Series Session 5*
- ◆ *Promoting Successful Transitions from Secondary School to Post-Secondary School or Employment for Individuals with ASD*
- ◆ *Using Power Cards and Social Behavior Mapping to Support Pro-Social Behavior*
- ◆ *Executive Functioning Strategies to Keep Individuals with ASD Organized and On-Target*
- ◆ *Learning Better Ways to Cope: Teaching Individuals with ASD Skills to Replace Challenging Behaviors*
- ◆ *Replacing Challenging Behaviors and Improving Quality of Life with Functional Communication Training*
- ◆ *Strategies to Motivate Individuals with ASD in the Classroom and at Home*
- ◆ *Self-Care for the Caregiver of Individuals with Autism Spectrum Disorder*
- ◆ *Autism Spectrum Disorder: Implications for Grief and Loss*
- ◆ *Bullying and Autism Spectrum Disorders*
- ◆ *Encouraging and Shaping Desired Pro-Social Behavior in Students with ASD*
- ◆ *Sexual Health Education for Individuals with Developmental Disabilities*
- ◆ *Addressing the Core Deficits of ASD in the Classroom: Supporting the Understanding and Development of Peer Relationships*
- ◆ *Promoting Success and Independence in Individuals with Mild to Moderate ASD: The Role of Adaptive Skills and How to Address Them in Your Daily Practice*
- ◆ *Autism Awareness for School Transportation Personnel*
- ◆ *Thinking Differently: Social Cognition and Social Motivation of Students with Autism Spectrum Disorders*
- ◆ *A Training for Mental Health Professionals: An Introduction to Autism Spectrum Disorders and Co-Existing Anxiety*

Register online: www.albany.edu/autism/distance-education

REGISTRATION IS REQUIRED. However, these trainings are offered at **NO COST** through grant funding from the New York State Education Department. Please visit our website below for more information.

Continuing education available for a \$5 fee; please see website for further details

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